

Having previously worked at the United Nations, European Commission and European Bank, Fitzpatrick decided to create a series of contemporary artworks, the Artist of the Light® collection, after she suffered a brain aneurysm.

"The only thing that matters in life is treating everybody with respect, living a life of joy and following my passion and sharing the light with people.

"That is what I have done through this art," the artist told the gathered crowd.



## Near-death experience changes Irish artist's life

By CAHIR O'DOHERTY, IrishCentral.com Staff Writer Published Thursday, April 16, 2009, 1:17 PM Updated Thursday, April 23, 2009, 1:20 AM

In 2005, a sudden and unexpected near death experience completely changed Wicklow-based artist Roisin Fitzpatrick's life.

It wasn't just the shock of almost dying, although that was bad enough. It was also what happened in the immediate aftermath that set Fitzpatrick off on a new artistic course.

"I had just turned 35 and I was in wonderful health," Fitzpatrick, whose work is currently on display in a SoHo gallery until May, tells the <u>trishCentral.com</u>. "Then, the day after my birthday, I just turned my head from right to left and bam – in one moment I had the most horrendous headache.

"All I could do was call an ambulance and lie down. A wonderful ambulance man came along and he helped me enormously. I was seen quite quickly in the hospital because he insisted on it."

Unknown to her, Fitzpatrick, now 39, was suffering from what medical specialists call a subarachnoid hemorrhage, a dangerous bleeding occurring at the base of the right side of her brain.



Immediately she displayed classic symptoms of the condition, including a thunderclap headache and vomiting. Up to half of all of these cases are fatal, and many die before even reaching the hospital. Others end up with severe disabilities. But Fitzpatrick survived completely unscathed.

"I wasn't scared. For years I had practiced meditation and that really helped to keep me calm, it kept my blood pressure down," she says.

"And then suddenly out of the blue, in the midst of all of this, I had the most wonderful near death experience. As I was waiting in intensive care I felt myself coming out of my body.

"I felt a deep sense of bliss, a sense of calmness and joy, and for me it suddenly didn't matter if I got back into my body or not, because I was discovering that there was no such thing as death. Once you realize that it totally transforms your whole perspective on life. Once you learn that life is infinite it becomes a matter of enjoying every moment, because there is nothing to worry about."

Next morning the medical specialists were astounded to discover that the bleeding in her brain had stopped.

"I was able to stay calm. It certainly helped the situation. And the whole experience has stayed with me and informs my work now. I create from that state of joy and bliss I discovered unexpectedly," she says.

Now Fitzpatrick's unlikely artistic discoveries have been rewarded. When she exhibited at the New York Art Expo recently she got a phenomenal response from attendees.

"As children we're in touch with that universal energy until we learn to forget it. I mean, just look up at the Milky Way sometime. It really puts you in your proper perspective. We don't even know how big the universe is," she says.